



LTM goes Abroad!

A BROCHURE FILLED WITH INSIGHTS INTO
THE SEMESTERS ABROAD OF OUR LEISURE
AND TOURISM MANAGEMENT STUDENTS



Australia



Inga

UNI LIFE

I studied at the University of the Sunshine Coast at the Sippy Downs Campus. The campus is beautiful and looks like a National Park. You can find kangaroos and various exotic birds everywhere. Apart from that, I really enjoyed the university events and the small courses.



Whitsunday Islands National Park

FAVORITE MEMORY

Jumping out of a plane and seeing the Sunshine Coast from above & the graduation ceremony at the end of the semester :)

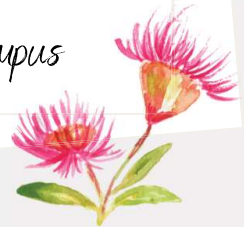
MY EXCHANGE

IN THREE WORDS

Dreamlike, Action, Summer Fairytale



Kangaroos on Campus



RECOMMENDATIONS

Happy Place:

Sunsets in Caloundra

Best Restaurant:

Guzman y Gomez, Rice Boi

Best Place to Party:

Events at the student housings

Most Interesting Attraction:

Noosa, Tasmania & Uluru



TIP

If you´re there for one semester, enroll yourself in the "Diploma of Business" Program. You´ll get a Diploma Certificate & a graduation ceremony!

SUNSHINE COAST Australia



The Sunshine Coast is a beautiful coastal region near Brisbane. I spent a lot of my free time at the beach, which is great for surfing, paddling and swimming. Besides that, the region is also very well connected to the long-distance bus network and is a great base for exploring Australia's east coast.

A scenic view of a mountain valley in Austria. The foreground shows a dense forest of evergreen trees. In the middle ground, a valley is filled with more forest and a winding road. The background features rugged, rocky mountains with patches of snow and a clear blue sky with a few wispy clouds. A thin white line, possibly a satellite or aircraft trail, is visible in the upper right portion of the sky. The word "Austria" is written in a white, cursive font across the center of the image, overlaid on a horizontal, tan-colored brushstroke that spans across the middle of the scene.

Austria



Ida

UNI LIFE

During my time in Vienna, I was a student at the FH Wien der WKW. Studying in Austria is a bit different from studying in Germany.

For example, in Vienna we had mandatory attendance as well as exams during the semester. What I liked most about studying at the FH Wien was the internationality. I used to study with students as well as professors from all over the world.



Summer in Vienna

FAVORITE MEMORY

Swimming in the Danube during summer.

MY EXCHANGE IN THREE WORDS

Exciting, Fun, Inspiring



Wiener Prater



VIENNA *Austria*

Vienna is one the most liveable cities in the world and also a very popular city for tourists. Besides different museums and the popular historical buildings, which are all worth a visit, the city also offers numerous other free time activities. I´ve always enjoyed spending time in the green parts, like the Danube island and the so called Nussberg, but I´ve also loved strolling through the city.

RECOMMENDATIONS

Coolest Bar:

Kleinod

Happy Place:

Danube Island

Best Place to Study:

Coffee Pirates Café

Favourite Activity:

Hiking through the vineyards



TIP

Use the "Ringbahn" in the city and enjoy a sightseeing tour along many famous sights for free.

Bali





UNI LIFE

I studied at the “Universitas Warmadewa” and was enrolled in a program at the faculty of humanities with around 70 other people. What stood out remarkably was the incredibly familiar atmosphere cultivated by the Balinese professors. Their dedication was evident, going beyond academics to ensure a nurturing and supportive environment.

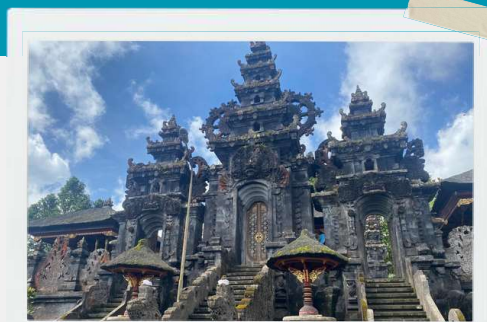


Purification Ceremony



DENPASAR *Bali*

Living in Bali is an adventure, with its lush jungles, stunning coasts boasting breathtaking sunrises and sunsets, fantastic diving spots and captivating mountain treks. There's an abundance of discoveries waiting! The living expenses, especially food costs, are remarkably low. As accommodation I lived in small villas or traditional Balinese houses.



Gelap Temple

FAVORITE MEMORY

Mount Agung & Mount Batur Sunrise Trek

MY EXCHANGE IN THREE WORDS

Adventures, Sunsets, Nature

RECOMMENDATIONS

Best Sunsetspot:

Uluwatu Beach

Favorite Divespot:

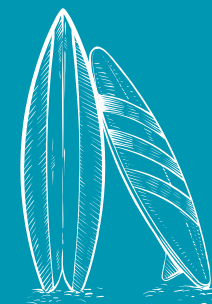
Gili Islands

Great Excursions:

Ubud, Tulamben

Best Surfspot:

Padang-Padang & Bingin Beach



TIP

Visit Gili Islands, Nusa Islands and Komodo National Park.

A vibrant harbor scene in Denmark, featuring a row of colorful buildings (yellow, green, white, and red) with red-tiled roofs along the waterfront. Several wooden boats are docked at a wooden pier, and people are visible on the pier and on the boats. The water is calm, reflecting the buildings and the sky. A large, stylized white cursive word is overlaid on a semi-transparent beige banner across the middle of the image.

Denmark



Silja

UNI LIFE

I studied at Zealand University, which has a small campus and classes. Therefore, the contact with the professors was personal and easy. I was lucky to live with a great group of Erasmus students from all over Europe who engaged in different studies. In every class, group work and oral presentations took up a big part, which I enjoyed a lot.



BBQ at the lake

FAVORITE MEMORY

Goodbye Party and BBQ at the lake with all of my friends

MY EXCHANGE IN THREE WORDS

Friendship, Adventure, Hygge



Roskilde Cathedral



ROSKILDE *Denmark*

Roskilde is a medium sized city directly on the Fjord and only a 30 minute train ride away from Copenhagen. From physical activities to museums and cultural offers, second hand stores and cute cafés, Roskilde offers something for everyone. The city is great for bike rides to close by lakes and forest, as well as to the university.

RECOMMENDATIONS

Happy Place:

Coastal walk from the harbor to the woods (also great place for a run)

Best Café:

The Gimle (great for study meetings, sometimes live music in the evening)

Favorite Club:

Chateau Motel in Copenhagen

Activity Tip:

Go and find as many *Forgotten Giants Trolls* as you can





France

N MARINA

BURTON

BURTON



Mandy

UNI LIFE

I studied at Montpellier Business School for one semester. The courses were really interactive and often consisted of group works and larger projects. There was a special “French Culture” Class for all the exchange students. I really enjoyed that class as we learned a lot about the culture including food, sports and the work environment.



FAVORITE MEMORY

Exploring Montpellier and the surrounding regions

MY EXCHANGE IN THREE WORDS

Sunshine, Experience, Exploring



Cathédrale Saint-Pierre de Montpellier



MONTPELLIER France

Montpellier is a smaller city in the south of France. It is very close to the Mediterranean Sea and surrounded by other interesting cities and towns. The city offers a great variety of cultural activities, including restaurants, museums and clubs. There is definitely a lot to explore and experience.

RECOMMENDATIONS

Favorite Place:

Jardin des plants in Montpellier

Food you should try:

French Cheese Raclette and Fondue at “Le Chalet Chamoniard”

Favorite Trip:

3-day trip to Barcelona with my friends



TIP

Travel around the region as much as possible - it is cheap and easy to get around.



Rebecca

UNI LIFE

YSchools is a private business school and the location in Troyes has a special focus on tourism. I was able to attend many interesting tourism and business courses, got to meet industry professionals and experienced studying with people from all over the world. The classes took place only a couple of times per semester and for the whole day. So life did not get boring with this ever changing schedule.



Bienvenue à YSchools!



TROYES *France*

Troyes is located in the beautiful region of the Champagne and is only a 1h 30min train ride away from Paris! The city is surrounded by beautiful nature. During my time there, I got to experience life in a typical medieval French town. I specifically enjoyed trying out the delicious bakeries and going swimming in the nearby river.



Visiting Paris

FAVORITE MEMORY

Trips to Paris with my friends :)

MY EXCHANGE

IN THREE WORDS

Memorable, Exciting, Eye-Opening

RECOMMENDATIONS

Favorite Activity:

Meeting friends at the Canal du Trévois

Worth a Visit:

Musée Cité du Vitrail

Food you should try:

Croissants at "Ton Ton Farine"

Great Excursion:

A trip to the "Lac d'Orient"



TIP

Sign up for the Sport Association at YSchools to get free access to the swimming pool!

A scenic view of a coastline at sunset. The sun is low on the horizon, casting a golden glow over the sky and the water. The sky is filled with large, dark clouds, some of which are illuminated by the setting sun. The water is dark blue with white-capped waves. In the foreground, there is a sandy dune with sparse vegetation, including small green shrubs and a few pine trees. The word "Latvia" is written in a white, elegant script font across the center of the image, overlaid on a semi-transparent white banner.

Latvia



Sarah

UNI LIFE

Most of my courses took place at the Business Faculty, which is located right next to the Old Town. There were tests or presentations during the semester, which were included in the overall assessment at the end. This meant that I had to do more work during the semester, but the examination phase was very relaxed.



Riga City Center



RIGA Latvia

Riga has a lot of students, so the nightlife is very active and diverse. The city is also very rich in cultural offerings, such as ballet, opera and museums. Latvia has incredibly beautiful and unique nature, especially the forests and long sandy beaches. I went on a lot of day trips within the country, but also longer trips to Finland, Sweden and Estonia.



Summer Sunsets

FAVORITE MEMORY

Road Trips through Latvia with my friends

MY EXCHANGE IN THREE WORDS

Exciting, Fun, Unexpected

RECOMMENDATIONS

Favorite Bar:

Tallinas Kvartals in the summer

Great Excursion:

Kayak Tour on the Gauja River

Best Restaurant:

Rione, 2eat falafel & hummus and Ala Pagrabs (traditional food)

TIP

- 1) ESN Riga organizes a lot for exchange students. Take advantage of the opportunities.
- 2) Bolt is a very cheap alternative to the bus. Just download the app.

New Zealand





Greta

UNI LIFE

I spent my semester at Otago Polytechnic. At the beginning of the semester, the university ensured that the international students meet new people through an International Students Welcome Week. One of the biggest differences to the HOST was that there were assignments all throughout the semester instead of one exam at the end.



Traveling with friends

FAVORITE MEMORY

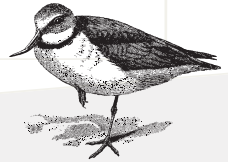
A weekend trip to Lake Tekapo

MY EXCHANGE IN THREE WORDS

Eventful, Challenging, Beautiful



Port Chalmers



DUNEDIN *New Zealand*

Dunedin has approximately 120 000 inhabitants with many students, since the oldest university of New Zealand is also situated here. There is lots of nature nearby, either mountains, beaches or forests. I was able to do a lot of traveling which included going to Auckland and Queenstown and other scenic places in New Zealand, as well as a week in Sydney, Australia.

RECOMMENDATIONS

Favorite Place:

Botanic Gardens Dunedin

Favorite Food:

Sushi from one of the many Asian stores in New Zealand

Best Weekend Activity:

Taking a trip to the beach or the mountains

TIP

Definitely visit the Abel Tasman National Park and kayak there!

Norway



Tina

UNI LIFE

I studied at the University of Agder (UiA). This is a very large and modern university. Besides Norwegians, you can meet students from all over the world, the professors are addressed by their first names, and you get lots of projects in your lectures to put theory into practice.



The UiA

FAVORITE MEMORY

Sunday hikes from ESN (Erasmus Student Network)

MY EXCHANGE IN THREE WORDS

Growth, Internationality, Nature



Hike with a view!



RECOMMENDATIONS

Great Hiking Destination:
Holmenkollen

Food you should try:
Waffles with jam & brown cheese

Best Weekend Activity:
Climbing at Høyt & Lavt Kristiansand

Useful Apps:
AKT Billett, AKT Reise, MazeMap

TIP

Reactivate your old Facebook Messenger if you want to stay in touch with Norwegians ;-)

KRISTIANSAND *Norway*

Kristiansand is located directly by the sea and surrounded by breathtaking nature. The city center "Kvadraturen" offers everything a student could wish for: shops, restaurants, cafés, bars, a city beach, and is a good starting point for trips to the surrounding area.



Peru



Lena

UNI LIFE

I studied at the USIL. My uni life there was very different to what I was used to. I only had virtual classes, a different grading system and almost every day a test and/or a presentation during the semester.

At the beginning it was quite stressful, but in the end it turned out to be easier than expected.

I also had mostly group works, which made making connections with Peruvians effortless.



Welcome Week



LIMA Peru

Lima is a coastal Peruvian metropolis, that combines history, modernity, exquisite cuisine, and cultural richness. I lived in a district called Miraflores, which has a vivid city centre and is directly located at the coastline, near to a beautiful park. The university is located in another district, called La Molina, which is about half an hour away by car.



Taking Surf Classes

FAVORITE MEMORY

Swimming in the Amazon River

MY EXCHANGE IN THREE WORDS

Surfing, Pisco, Reflective

RECOMMENDATIONS

Happy Place:

Parque Kennedy in Miraflores
- there are cats running around everywhere

Best Restaurant:

L'autentica Pizza
- best Pizza in Peru

Best Club:

NOIR – Antre
- for Techno lovers

Favorite Activity:

The Machu Picchu Mountain and the historical City of Cusco



An aerial photograph of a city, likely Wrocław, Poland, featuring a prominent green spire of a church. The image is overlaid with a horizontal brushstroke in a light beige color, which serves as a background for the word 'Poland' written in a white, cursive script. The city below has a dense arrangement of buildings with red-tiled roofs and a mix of architectural styles.

Poland



Fabian

UNI LIFE

During my time at Poznań University of Economics and Business, I experienced the atmosphere of a large university with over 10,000 students. The PUEB offers a wide range of specialized courses for exchange students and additional programs that fit well with the LTM curriculum. But most of all, this exchange semester has taught me the value of diversity and understanding different cultures.



City View



POZNAŃ *Poland*

Poznań offers plenty to do in your spare time and has a vibrant student life. You can go for a walk in one of the many parks and shopping centres, have a drink in one of the cosy cafés or try out the Polish cuisine. I especially recommend the St. Martin's Croissant! Poznań's central location also makes it easy to explore other Polish cities by train.



Fellow Erasmus+ Students

FAVORITE MEMORY

Bowling Competitions with friends during the cold winter days

MY EXCHANGE IN THREE WORDS

Cultural Enrichment Experience

RECOMMENDATIONS

Best Café:

Kaferdam

Best Restaurant:

Ichiban Ramen Shop

Worth a Visit:

Park Cytadela

Best Place to Study:

Biblioteka Uniwersytecka



TIP

For lunch, I can really recommend "Prywatka Poznań" where you get a meal for only 12 Złoty.

South Korea





Florentine

UNI LIFE

I studied at the Hankuk University of Foreign Studies. HUFS is really international and takes in their foreign students well. The lectures were interesting and included many group projects where the professors made sure to have groups of mixed nationalities. What was new for me was the different credit and teaching system with mid-terms, finals, and more weekly assignments.



Golden Hour

SEOUL South Korea

Life in the vibrant capital Seoul is always exciting! There are so many things to do and places to visit. Like renting a traditional dress at one of the many shops and go for a walk in the old palace's gardens which are surrounded by modern skyscrapers. As South Korea is relatively small, you can also quite easily travel to other cities like Busan.



Exploring the Temple

FAVORITE MEMORY

Trip to Wonju with my flat mates and trip to Busan with my friend

MY EXCHANGE IN THREE WORDS

Unforgettable, Challenging, Wonderful

RECOMMENDATIONS

- Happy Place:** Cheonggyecheon River
- Best Café:** Café Alive 214
- Favorite Activity:** Going to Dance Classes



TIP

- 1) Try Korean BBQ. It really is as good as they say!
- 2) Take dancing classes :)
- 3) If you are there over New Year, hike up to Namsan tower to watch the first sunset of the year like the Koreans do.



Spain



Lukas

UNI LIFE

I studied at the Universitat Politècnica de València. Most of my courses were in Spanish, which really helped me to improve my Spanish language skills. There was a lot of group work in the courses, through which I not only made friends with Internationals, but also with locals. We also did a lot of excursions to many different places within the Valencia region.



Las Fallas



GANDIA *Spain*

Gandia is small city just an hour away from Valencia. The Valencia region has a rich and unique culture and fantastic food, as the Paella is originally from there. In Gandia, you live right by the beach, but at the same time you are very close to the mountains for hiking. In addition, the location is great for traveling and discovering other places in Spain.



Parque La Marjal

FAVORITE MEMORY

Experiencing Las Fallas
(traditional celebration in Valencia)

MY EXCHANGE IN THREE WORDS

Beaches, Freedom, Intercultural Growth

RECOMMENDATIONS

Most Interesting Attraction:

El Castillo de Bairén

Happy Place:

The Beach and La Marjal de Gandia

Best Club:

El Varadero

(Student Parties on Wednesdays)

TIP

- 1) You can get a free bus pass from the uni to go from Gandia Playa to the main station.
- 2) On Wednesdays, everyone meets at Maimonides before going to the party - it's the best place to meet new people!



Michelle

UNI LIFE

The Iriarte University works like a department of the main university, which is located in La Laguna, and only offers a Bachelor's and Master's Tourism degree. Therefore, the study experience is really different. The classes take place in small groups and there are close relations between teachers and students, including calling them by their first name.



Erasmus Friendships

FAVORITE MEMORY

Celebrating the famous Carnival in Santa Cruz!

MY EXCHANGE IN THREE WORDS

Viva la vida :)



Vitamin Sea



PUERTO DE LA CRUZ *Tenerife*

Puerto de la Cruz is located in the north of Tenerife. The city offers various beaches, one of them perfectly suitable for surfing, restaurants and bars, shopping centers and several events during the year. It is the perfect starting point for excursions to discover the island with its incredibly diverse and stunning landscapes.

RECOMMENDATIONS

Best Café:

Boutique Relieve

Favorite Club:

The Molly Malone & Blanco Bar

Great Excursions:

Hike in Anaga, swim in natural pools and visit a winery (Bodega Monje)



TIP

It's an amazing experience to visit the top of the volcano "Teide". Make sure to book in advance and get the needed permit.



Sweden



Victoria

UNI LIFE

I studied at Höskolan Kristianstad in the faculties of Business and Humanity. The university is located in a beautiful building just outside the city. Everything is very modern and the lectures are interactive and great for meeting new people. In addition to the lectures, there are many great opportunities for international students. As an International Student you feel very welcome.



Swedish Fika



KRISTIANSTAD *Sweden*

Kristianstad is a small town in the Swedish province of Skåne. The nature around Kristianstad is beautiful and by train you can quickly reach cities like Malmö, Lund or even Copenhagen! Cute Swedish cafes in the city are perfect for a traditional Swedish Fika with coffee and kanelbulle! Kristianstad is cozy and nice :)



The Northern Lights

FAVORITE MEMORY

The excursion to Swedish Lapland and seeing Northern Lights!

MY EXCHANGE IN THREE WORDS

Fika, Lagom, Friendship

RECOMMENDATIONS

Happy Place:

Jail (student dormitory)

Best Café:

Cenino

Favorite Club:

Bånken



TIP

Choose the jail as your dormitory! It's an old prison in the middle of Kristianstad. Everyone lives in an old cell (sounds worse than it is :)) There is always something going on & and you can get to know people quickly!

Thailand

บริษัท อัญมณี นอ 9
ONGRAK ANDAMAN
นางสาววิไลพร 14-2 กอ





Alisa

UNI LIFE

I studied at the Kasetsart University Bangkok, at the faculty of humanities in the Bachelor program Integrated Tourism Management. The campus is very green with small parks and lakes. During the semester, the university organized many excursions as part of the classes, which was good to gain practical experience, get an insight into different professions and get more in touch with the local people.



Wat Huay Pla Kang



BANGKOK Thailand

Thailand, with a population of over 69 million people, is a captivating tapestry of culture and warmth. The essence of the country lies not only in its stunning landscapes but also in the gracious hospitality of its people. Thai culture is synonymous with a genuine and welcoming spirit, making every visitor feel like a cherished guest in this vibrant and enchanting destination.



Making new friends

FAVORITE MEMORY

Snorkling in Ko Tao, seeing a sea turtle and sharks

MY EXCHANGE IN THREE WORDS

Dynamic, Cultural, Unforgettable

RECOMMENDATIONS

Favorite Place:

Wat Arun at sunset

Food you should try:

Pad Krapao

Favourite Trip:

8-day Trip to Laos



During my 8-day trip to Laos, I had the opportunity to immerse myself in a completely different culture. My highlight was the morning monk ceremony, which was truly impressive, as well as the stunning nature and beautiful waterfall.



The Netherlands



Lilly Paulina

UNI LIFE

I studied at the HAN University. What I really liked about my experience there is that I got to work with a lot of different people. I had to do several group projects and the lecturers always made sure that we were in teams with people of different nationalities.



Kings Day 2023

FAVORITE MEMORY

Celebrating Kings Day with all of my new friends :)

MY EXCHANGE IN THREE WORDS

Friendship, Sunsets, Growth



Amsterdam



ARNHEM Netherlands

Arnhem is a very sweet Dutch city that is perfect for students. It is closely located to Amsterdam so I always had the opportunity to go there on day trips. I enjoyed learning more about the local artists by going to museums and I loved visiting the flower fields during spring time. There are lots of things to discover!

RECOMMENDATIONS

Best Restaurant:

Foodhallen Arnhem

Favorite Club:

Aspen Valley

Worth a visit:

Open Air Museum Arnhem

Perfect Place for a Bike Tour:

De Hoge Veluwe National Park



TIP

Get the "Museumkaart" and visit as many museums as possible!

A wide-angle photograph of a deep canyon with a river winding through its center. The canyon walls are composed of layered, reddish-brown rock formations. The river is a muddy, greenish-brown color. The sky is overcast with grey clouds. The text "The USA" is written in a white, brush-stroke font across the middle of the image, set against a semi-transparent grey background.

The USA



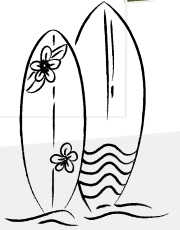
Jessica

UNI LIFE

All my courses at the SDSU were very inspiring and exciting. The professors were passionate about their subjects and there were many different guest lectures by well-known people in the tourism sector. On campus, there are various ways to spend your time outside the lecture hall, for example at the swimming pool, gym, bowling, attending basketball or football games or a concert right on campus.



SDSU Campus



SAN DIEGO USA

San Diego has a lot to offer. On our days off, my boyfriend and I went surfing or SUPing in the bay, visited the seals in the La Jolla district and spent the evenings around a campfire on Mission Beach. We also used our free time to take road trips through California and the surrounding states to enjoy America's breathtaking nature.



What a view!

FAVORITE MEMORY

Visiting the Grand Canyon and Monument Valley

MY EXCHANGE IN THREE WORDS

Inspiring, Challenging, Fun

RECOMMENDATIONS

Favorite Place:

La Jolla Cove - you can watch sea lions and seals there

Best Trip:

Trips to LA, San Francisco and Las Vegas

Good Hiking Spot:

Torrey Pines State Park Reserve

TIP

Look for guest families to stay during your semester. It's cheaper and you get a glance into the American life.

Practical Information

Explore our worldwide network!

[Click here to view](#)

What you can do:

Internship, study one or two semesters abroad, short-term mobilities, stays inside and outside of Europe

Funding:

Erasmus+, Erasmus+ worldwide, PROMOS

Get support via outgoing@hochschule-stralsund.de

More information:

[Website "HOST International - Heading Out"](#)