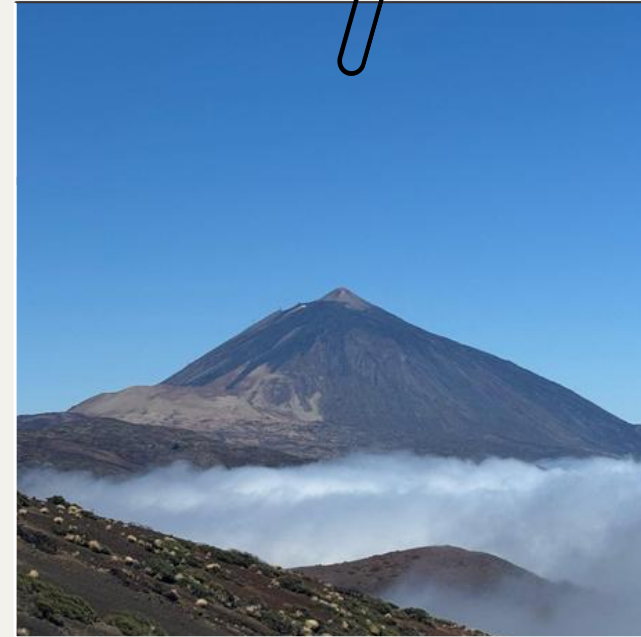
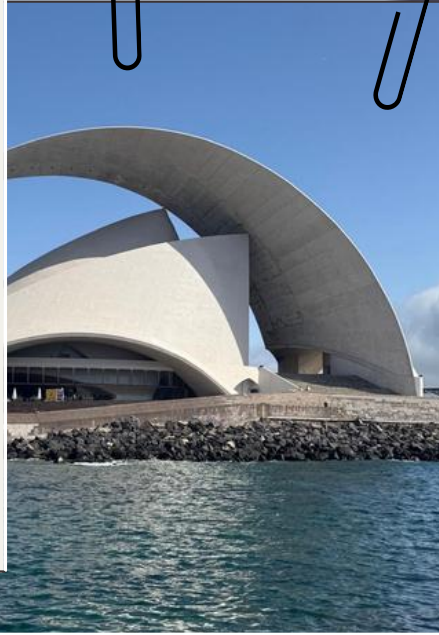


# *TDS GOES ABROAD!*

**A BROCHURE FILLED WITH  
INSIGHTS INTO THE SEMESTERS  
ABROAD OF OUR TDS STUDENTS**



# *BERGAMO*

UNIVERSITY OF BERGAMO/ ITALY

MASTER'S PROGRAM: PLANNING AND MANAGEMENT OF  
TOURISM SYSTEMS

POSSIBILITY: DOUBLE DEGREE 😊





# STUDYING IN BERGAMO

## Student Experience Overview

- Host University: University of Bergamo
- Country: Italy
- Program: Planning and Management of Tourism Systems
- Overall Impression: A great place for students interested in sustainable tourism, with amazing travel opportunities across Italy



## Application & Preparation

- The application process is simple and handled online
- You can adjust your Learning Agreement after courses start
- Start looking for accommodation early—it fills up fast!

## Finding Accommodation

- Best areas: Città Bassa (modern city) or near the business campus
- Housing can be competitive, so use Facebook groups and ESN housing options
- Some flats have strict rules—check before signing

## University & Academic Life

- Courses focus on social and environmental aspects of tourism
- Exams are more theory-based, so past exam questions are helpful
- Professors have strong international experience

## STUDYING IN BERGAMO

### Your Erasmus Adventure in Bergamo IT

Spend a semester at the Università degli Studi di Bergamo through the Erasmus+ program and enjoy both academic and personal growth in one of Italy's most charming cities

#### Key Points:

- **Duration:** 1 semester (typically 5 months)
- **Language:** Courses available in English and Italian
- **Fields of Study:** Business, Economics, Engineering, etc.
- **Credits:** Transferable ECTS (check with your coordinator)
- No tuition fees at host university
- Monthly Erasmus grant available

### Earn a Double Degree – Two Countries, Two Diplomas 🎓🌐

Go one step further with the Double Degree program and graduate with diplomas from both the Hochschule Stralsund and the Università degli Studi di Bergamo.

#### Key Points:

- **Duration:** 2 semesters in Bergamo
- **Degrees awarded:** Bachelor of Arts from HOST and Laurea from UniBG
- **Eligibility:** Usually 4th–6th semester, depending on your study plan
- **Language:** Some courses in English – Italian proficiency helpful
- **Thesis:** Often written abroad, jointly supervised

[!\[\]\(aa53ad6fea213b8b2226d3077e30533a\_img.jpg\) More info here \(HOST Double Degree Page\)](#)

# STUDYING IN BERGAMO

## Lifestyle & Culture

- Cost of Living: Affordable, with student discounts available (Lidl and Aldi are budget-friendly grocery stores)
- Transport: ATB buses, bike-sharing (LaBiGi), and trains make weekend trips to Milan, Venice, and beyond super easy
- Best Activities: Explore Lake Como, Verona, and Florence on weekends!

## Challenges & Tips

- Some courses aren't testable before finalizing your Learning Agreement
- You need to complete a questionnaire before booking exams—don't forget!
- Joining Erasmus events (ESN & AEGEE) is a great way to meet people

## Final Thoughts & Recommendations

- ✓ Perfect for students who love sustainable tourism and cultural studies.
- ✓ Great for travel lovers—so many destinations nearby!
- ⚠ Expect a more theoretical approach to exams and some bureaucracy.

*REYKJAVÍK*

REYKJAVÍK UNIVERSITY (RU), ICELAND





# STUDYING IN REYKJAVÍK

## Student Experience Overview

- Safe, open, welcoming environment
- Small, modern university
- Close student-professor relationships
- Great for nature lovers & independent learners
- International atmosphere, English widely spoken



## Application & Preparation

- Apply early for Erasmus+ funding
- No Icelandic required
- English sufficient for studies and daily life
- Pack warm, waterproof clothing & hiking gear
- Flights & travel can be expensive

## Finding Accommodation

- No student dorms
- Shared flats common
- Rent: ~600–800 €/month
- Use Facebook groups, rent.is, leigulistinn.is
- Start search early – housing is competitive

## University & Academic Life

- Courses in Business, IT, Sustainability
- English-taught programs
- Small classes, project-based learning
- Emphasis on independence & self-management
- Helpful, approachable lecturers



# STUDYING IN REYKJAVÍK

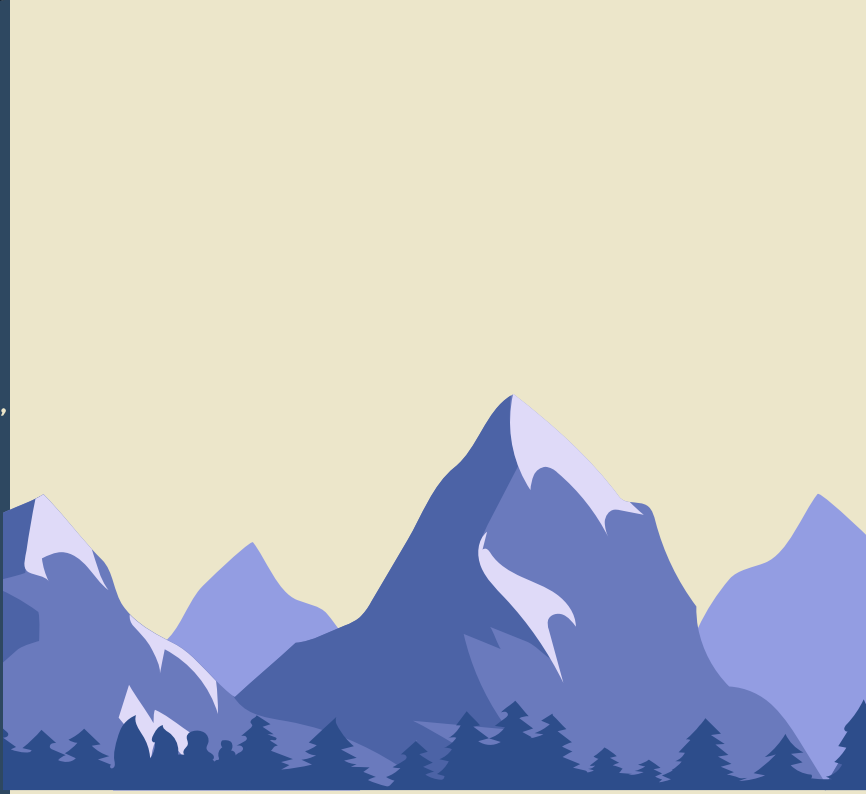
## Lifestyle & Culture

- Reykjavík: compact, student-friendly city
- Reliable public transport
- Nature trips: waterfalls, hot springs, hiking
- Strong ESN network
- Locals friendly, fluent in English
- High-quality of life



## Challenges & Tips

- High cost of living – budget carefully
- No on-campus meals – cook at home
- Weather: unpredictable, windy, cold
- Academic system less structured – self-discipline needed
- Start flat hunt early



## Final Thoughts & Recommendations

- Rewarding experience for independent students
- Ideal for outdoor lovers
- Be financially and mentally prepared
- Take advantage of nature & international student life
- Definitely worth it despite higher expenses

# *TENERIFE*

UNIVERSIDAD DE LA LAGUNA, TENERIFE, SPAIN





# STUDYING ON TENERIFE

## Student Experience Overview

- Host University: Universidad de La Laguna (ULL)
- Country: Spain
- Program: Tourism Development Strategies
- Semester: Winter Semester 2024/2025
- Overall Impression: Tenerife is an incredible place to live, but the university's Erasmus organization could be better



## Application & Preparation

- The application was easy and done entirely online
- Spanish B1-B2 is recommended—though the local dialect can still be tricky!
- Connecting with other HOST students going to Tenerife is super helpful

## Finding Accommodation

- Housing can be tough to find—use the Idealista app for private rentals
- Student dorms are unreliable in responding to applications
- Many students book an Airbnb first and look for housing after arrival

## University & Academic Life

- Great course content, but Erasmus organization is a bit chaotic
- There's no central contact person, which can be frustrating
- Master's classes are small, and the dialect makes participation harder

# STUDYING ON TENERIFE

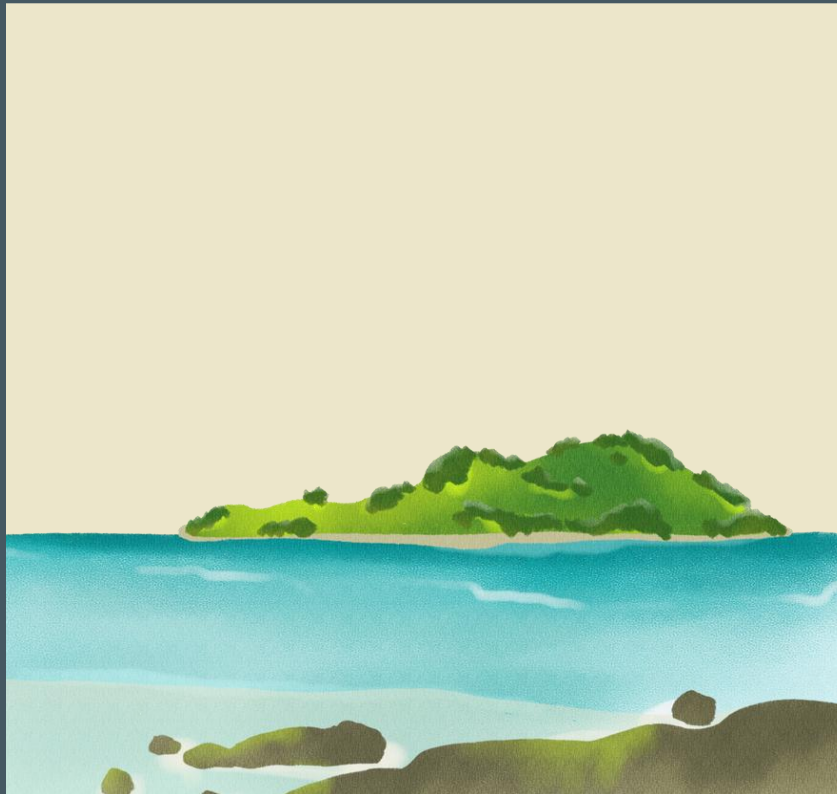
## Lifestyle & Culture

- Cost of Living: Affordable, though housing can be pricey
- Transport: Buses (“Guaguas”) and trams make it easy to get around
- Best Activities: Beach days, hiking, and the famous Carnival in February!



## Challenges & Tips

- Start looking for an apartment early—it can be stressful
- Even with good Spanish, the dialect takes time to get used to
- Join WhatsApp groups to connect with other Erasmus students



## Final Thoughts & Recommendations

- ☑ Amazing for students who love outdoor adventures and warm weather
- ☑ Great for independent students who don't mind a bit of disorganization
- ⚠ Not ideal if you're looking for structured Erasmus support or all-English courses

# *DALARNA*

UNIVERSITY OF DALARNA, SWEDEN



# STUDYING IN DALARNA

## Application & Preparation

- Application accepted by Dalarna University
- Participation in the course arranged individually
- Course duration: 20 January – 28 March (Week 13)
- Semester duration: 20 January – early June
- Exams at HOST could have been taken in Sweden with coordination
- Early planning between both universities recommended

## Student Experience Overview

- Planned Erasmus semester for master's thesis (summer semester)
- Intended course: “Theory and Research Methods” (Master level)
- Equivalent to “Scientific Training” at HOST, but with more ECTS
- Course designed as thesis preparation

## Finding Accommodation

- Student housing available in Falun and Borlänge
- Campuses ~20 minutes apart by public transport
- Important to check campus location of your courses
- Early dorm registration needed – limited spots
- Housing website partly only in Swedish

## University & Academic Life

- Course is part of full master's program
- Not typically listed for exchange students – required special permission
- Participation mandatory from first week
- Higher workload and ECTS compared to HOST equivalent

## STUDYING IN DALARNA

### Challenges & Tips

- Semester start may clash with German exam period
- No late entry possible for this course
- Early accommodation search essential
- Confirm ECTS recognition and course availability in advance
- Be aware of logistical challenges between campuses

### Lifestyle & Culture

- Quiet towns, surrounded by nature
- Student life split across two campuses
- International student support available
- Structured and organized academic system

### Final Thoughts & Recommendations

- Valuable option for master thesis preparation
- Best suited for well-organized students
- Early coordination and planning are key
- Check academic calendars and accommodation availability early

# *TDS GOES ABROAD!*

**WIDE NETWORK OF ALSO NEW PARTNERSHIPS,  
e.g. AZORES, SARDINIA,  
CROATIA**



**A PLENTY OF OPPORTUNITIES TO SPENT A MARVELLOUS  
TDS-SEMESTER ABROAD**

# PRACTICAL INFORMATION

**EXPLORE OUR WORLDWIDE NETWORK!**

**What you can do:**

Internships, study one or two semesters abroad, short-term mobilities, stays inside and outside of Europe

**Funding:**

Erasmus+, Erasmus+ worldwide, PROMOS  
Get support via [outgoing@hochschule-stralsund.de](mailto:outgoing@hochschule-stralsund.de)

**More information:**

Website ["HOST International - Heading Out"](#)